

PACKING LIST

General Instructions:

1. Mark name on everything: *IRON-ON labels* are best for clothes; *INDELIBLE ink on tape* is best for other items (shampoo, sunscreen, mosquito repellent, sports equipment etc.)
2. Do not pack delicate clothing articles that require special washing instructions;
3. Pack all items in duffel bag(s); no trunks or suitcases
4. We provide a Laundry bag!

Check List

Bedding	<input type="checkbox"/> 2 sets of sheets (twin)	<input type="checkbox"/> pillow & 2 pillow cases	<input type="checkbox"/> 1 comforter or 2 blankets
Toiletries	<input type="checkbox"/> 8 towels (Beach/Shower)	<input type="checkbox"/> toiletry bag or pail	<input type="checkbox"/> toothpaste
	<input type="checkbox"/> sun screen	<input type="checkbox"/> liquid hand and body wash	<input type="checkbox"/> toothbrush
	<input type="checkbox"/> hair brush	<input type="checkbox"/> nail clippers	<input type="checkbox"/> shampoo/conditioner
	<input type="checkbox"/> shoe rack (optional -hanging; good for shoes and 'stuff')		
Clothing	<input type="checkbox"/> 8 prs. underwear	<input type="checkbox"/> 14 prs. socks	<input type="checkbox"/> 4 bathing suits
	<input type="checkbox"/> 4 sweatshirts	<input type="checkbox"/> 6-8 prs. shorts	<input type="checkbox"/> 2-4 prs. sweat pants
	<input type="checkbox"/> 1 bath robe	<input type="checkbox"/> 2 hats	<input type="checkbox"/> 2 prs. jeans
	<input type="checkbox"/> 1 heavy jacket	<input type="checkbox"/> 2 prs. pajamas	<input type="checkbox"/> 1 rain coat
	<input type="checkbox"/> 2 prs. running shoes	<input type="checkbox"/> rubber boots	<input type="checkbox"/> 10 T-shirts
	<input type="checkbox"/> 2 white shirts for Friday Night (can have printing/images)	<input type="checkbox"/> 2 pr. sandals (flip-flop or velcro-strap)	
Other	<input type="checkbox"/> stamps, stationery	<input type="checkbox"/> flash light	<input type="checkbox"/> sleeping bag
	<input type="checkbox"/> water bottle	<input type="checkbox"/> camera	<input type="checkbox"/> Mosquito Repellent!
	<input type="checkbox"/> "Dry Sac" (30-40 L) for canoe trips, or ground sheet		<input type="checkbox"/> Sunscreen
Sports Gear	<input type="checkbox"/> baseball glove (if used)	<input type="checkbox"/> fishing rod (if owned)	<input type="checkbox"/> tennis racquet (provided in lessons)
Hockey	<input type="checkbox"/> roller blades (if used) <input type="checkbox"/> hockey stick (if played) <input type="checkbox"/> roller hockey protective gear (must have helmet + protective eye goggles for hockey – we recommend hockey helmet and cage; large glasses used for Squash/Racquet Ball)		
Do NOT Pack	<i>Please see following page!</i>		

This is a very realistic estimation of your child's needs; some variation may be required (e.g. girls vs. boys).
Please note: shelving space is limited and assigned evenly!!



WHAT NOT TO BRING

This list has been to ensure our camper's health and safety. We are also trying to promote a culture within camp that promotes healthy, social interactions, reflects the natural environment. Help us minimize the material elements that are best left in the city. Thanks for your help and support

Please **DO NOT** send the following items to camp. **They will be confiscated and NOT RETURNED**

Wireless Communication	No cell or smart phones, or any similar communication device. PERIOD!
Appliances	These are fire hazards , and include, hot pots, kettles, toasters, mini-stoves, hair irons
Electronics:	Any screen device that is capable of showing images or video of any nature (Non-Screen Digital Music Players are allowed) Any gaming device that has a screen
Walkie-Talkies	No FRS type devices
Electric Fans	Only portable, battery-operated fans are allowed
Electrical Cords	No power bars, extension cords, etc.
Lamps/Candles	Only flashlights or battery-operated "punch" lights are allowed
Chairs	No lawn chairs or any sitting devices are allowed. Cabin porches, benches around camp, or the ground (supplied by camp!) are excellent alternatives
Food	Food delivered to camp will be confiscated. Campers can bring food to camp for the 1 st night cabin party, and treats for a 'bunk party' on Visitor's Day; it will be collected the next day. NO PEANUT PRODUCTS! Bottled water is not allowed: cold water fountains are throughout camp
Clothing/Jewelry	We discourage costly brand name clothing, and will not allow inappropriate labels and/or images appearing on clothing. Jewelry is strongly discouraged
Cabin/Bed Accessories	Please do not send 'egg shell' pads or other pads for beds

---Thank you for your support and cooperation!! --

