



FAMILY CAMP SCHEDULE - 2022

Friday	Saturday	Sunday	
	Breakfast	Breakfast	<p>NOTES:</p> <p>ADDITIONAL ACTIVITIES</p> <ul style="list-style-type: none"> Sports & camp games including Ga Ga Ball, Koob, etc, Giant Jenga, beach volleyball, basketball, shuffleboard, ping pong. These games will be facilitated by our staff <p>Staff Supervision</p> <ul style="list-style-type: none"> Our counselling and specialty staff will provide supervision to campers at all times night-duty patrol will provide cabin coverage during evenings until 11:30 pm <p>COVID-19 Safety</p> <ul style="list-style-type: none"> Pre-Camp and ‘Upon Arrival’ testing may be required (as per instructions provided; see next page)
	<p>Morning ACTIVITIES OPEN (Open: Ski, Ropes, Tennis, Sail, Canoe/Kayak, Trampoline, Bike, A&C, Dance, Water Park, Tennis, Sports)</p>	<p>Morning ACTIVITIES OPEN 9:30 am Open: Swim, Ski, Ropes, Tennis, Sail, Canoe, Kayak, A&C, Dance, Water Park, Tennis, Sports</p>	
	Lunch	<p>12:00 Lunch (Group Picture After Lunch)</p>	
	Parents vs. Staff Baseball Game	<p>1:00-2:00 Final Period</p>	
2:30pm and later... Arrival Unpack/Settle in	<p>Afternoon ACTIVITIES OPEN (Open: Ski, Ropes, Tennis, Sail, Canoe/Kayak, Trampoline, Bike, A&C, Dance, Water Park, Tennis, Sports)</p>	2:00-3:00– Pack	
3:00 pm Open Activities		3:15	
4:15 Nosh	4:15 Nosh	Nosh (Grab and Go) & Departure	
4:30 – 5:45 CHOICE for Families	<p>ACTIVITIES OPEN (As Above)</p>		
Relax, Unwind, Prep for Dinner	Relax, Unwind, Prep for Dinner		
6:00 Dinner	Dinner (Barbecue)		
Evening Singsong & Campfire (followed by campfire/snack)	Evening Program “The Great Race” (followed by Dance)		
Camper Bedtime	Camper Bedtime		
Adult Snack	Adult Snack		



COVID-19 Precautions:

*As per Canada's National Advisory Committee on Immunization, we **STRONGLY** urge all eligible campers to be fully vaccinated. We do REQUIRE all adults to be fully vaccinated.*

We expect that COVID-19 will not be nearly as prevalent by the time June arrives. Depending on the level of transmission in the community at that time, we may institute a pre-camp screening program. This may include:

- a. Asking you to perform (self-administered) a series of rapid antigen tests on all participants at home prior to Family Camp. These tests are available to all Ontario residents free of charge, through pharmacies and many grocery stores. We will also have kits available if needed.
- b. Asking all participants to undergo an 'arrival' test rapid antigen test, which would complete the screening program
- c. Signing an attestation that all participants have been, and remain symptom-free prior to, and upon arrival at camp

Our final decisions on all these matters will follow the approach we've taken since the beginning of the pandemic: they will be evidence-based, reasonable and responsible, for everyone's sake.

Finally, while we do not anticipate any specific COVID-19 health measure mandates from the Ministry of Health (e.g., masks, physical distancing), the pandemic remains unpredictable, and things may change. If anything, we expect the trends to improve rather than worsen, but we remain 'on the ready' to adjust our approaches if necessary. Given the uncertainties, should anyone in your group contract COVID-19 soon before Family Camp and cannot attend, or an infection prevents the group from attending, we will fully refund your fees! Currently, a 5–10-day self-isolation period (and clearance of all symptoms) is recommended, depending on vaccination status.

FAMILY CAMP

Questions and Answers:

1	What time can we arrive?	Anytime after 2:30 pm. We expect people will arrive at various times depending on personal schedules. We advise leaving Toronto as early in the afternoon as possible to avoid the rush that begins after 2 pm.
2	What time do we have to leave?	3 pm on Sunday. We have a large group arriving right after – so we greatly appreciate your understanding on this.
3	What activities will be offered?	LOTS! Water and land activities-but the water will be quite chilly! They'll be no shortage of fun!
4	Is alcohol allowed for adults?	There will be opportunity for refreshments away from the campers and later in the evening.
5	Can adults do all the activities?	Absolutely. Watch out for pulled muscles! Get ready first!
6	Can we do stuff with our kids?	Definitely! Where we can, activities for groups of age-match campers are planned to allow for interaction with peers, but the whole idea is the mix it up and enjoy doing things with your children!
7	What will the food be like?	Really good! We are planning a menu that will be kid-friendly, but the food will make adults happy too. Salad bars at lunch, home-made fries with your barbecue, corn on the cob, special snacks, and more...We get it, and will do our best to strike a balance to please everyone!
8	What are the cabins like, really?	Quite nice. The bunks are 'built in' – firm foam mattresses on a board – so they're supportive. A washroom in each cabin has two sinks and two toilets. They'll be cleaned and ready for an adult to use comfortably! Let's face it: it's not the Ritz !! – but – they are nice cabins for a summer camp - so don't worry!
9	What are the showers like, really?	They look like a typical health club with 14 shower heads, 6 separate stalls in both the male and female shower houses. Lots of hot water. Bring flip-flops if you'd like!
10	What will the water be like?	The water is very comfortable. We have a beautiful waterfront. You'll love it and so will your kids!
11	What about special diet needs?	We can accommodate lactose intolerance, food allergies/vegetarians. We can in a limited way, help with celiac-related and gluten allergy needs, but supplemental food might be required on your part. Any questions, just call us!
12	Do we take VISA	Nope! Sorry!
13	Where do we park?	We will have staff guide you to our office where bags can be dropped, then our staff will guide you directly to the parking area.
14	Is there cell phone reception at camp? What about internet?	Yes, but it's spotty in places. We'll have internet available as a back up if you need it!
15	Will it be fun?	So much fun!
16	WHAT SHOULD WE PACK??	Sleeping bag and pillow, toiletries, running shoes, sandals, change of T-shirts and shorts, jeans, bathing suit and towel, sweatshirt or sweater, rain coat (hopefully never used!), socks, underwear and the usual stuff you'll want to be sporty and active or enjoying the sun on the dock; camera, tennis racquet, baseball glove if you play, a white shirt for tie-die if you want to do it; sunscreen, bug spray. Bottom Line: use your judgment about quantities for your kids and things you need. It's camp – so leave your best stuff at home!

You may have questions that are not answered here. Please call us if you do! Up until June 16: 416-787-4461, otherwise 705-767-3381.

