

FAMILY CAMP SCHEDULE - 2021

Friday	Saturday	Sunday	
	Breakfast	Breakfast	NOTES:
	Morning ACTIVITIES OPEN (Open: Ski, Ropes, Tennis, Sail, Canoe/Kayak, Trampoline, Bike, A&C, Dance, Water Park, Tennis, Sports)	Morning ACTIVITIES OPEN 9:30 am Open: Swim, Ski, Ropes, Tennis, Sail, Canoe, Kayak, A&C, Dance, Water Park, Tennis, Sports	 ADDITIONAL ACTIVITES Sports & camp games including Ga Ga Ball, Koob, etc, Giant Jenga, beach volleyball, basketball, shuffleboard, ping pong. These games will
	Lunch	12:00 Lunch (Group Picture After Lunch)	be facilitated by our staff Staff Supervision
	Parents vs. Staff Baseball Game	1:00-2:00 Final Period	• Our counselling and specialty staff will provide
2:30pm and later Arrival Unpack/Settle in	Afternoon ACTIVITIES OPEN (Open: Ski, Ropes,	2:00-3:00– Pack	 supervision to campers at all times night-duty patrol
3:00 pm Open Activities	Tennis, Sail, Canoe/Kayak, Trampoline, Bike, A&C, Dance, Water Park, Tennis, Sports)	3:15 Nosh (Grab and Go)	will provide cabin coverage during evenings
4:15 Nosh	4:15 Nosh	& Departure	until 11:30 pm COVID-19 Safety
4:30 – 5:45 CHOICE for Families	ACTIVITIES OPEN (As Above)		• All public health measures must
Relax, Unwind, Prep for Dinner	Relax, Unwind, Prep for Dinner		 be adhered to Our staff is fully vaccinated
6:00 Dinner	Dinner (Barbecue)		• Pre-Camp and
Evening Singsong & Campfire (followed by campfire/snack)	Evening Program "The Great Race" (followed by Dance)		'Upon Arrival' testing will be required (as per instructions
Camper Bedtime Adult Snack	Camper Bedtime Adult Snack		provided; see next page



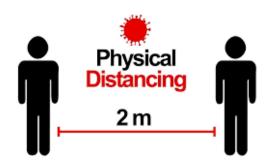
COVID-19 Precautions:

We ask that all adults arrive <u>fully vaccinated</u>. All eligible participants 12-18 should arrive either fully vaccinated or at least having received one vaccination with a 2^{nd} pending.

To provide the safest possible experience:

- We will require all participants to a PCR test 2-<u>3 days BEFORE arrival at a participating</u> <u>PHARMACY AND undergo rapid antigen</u> <u>testing upon arrival</u> by our trained staff; this is a 15 minute 'front of the nose' test.
- 2. There is no fee for the PCR or rapid antigen test; and we will provide you with detailed instructions and special requisition forms once you register.
- 3. We will ensure all public health measures are followed by all participants including physical distancing between families unless they have already been established as a "cohort"
- 4. All of our staff will be fully vaccinated
- 5. Frequent disinfection will be performed
- 6. All food service that is buffet style will be served by attendants





FAMILY CAMP Questions and Answers:

1	What time can we arrive?	Anytime after 2:30 pm. We expect people will arrive at various times depending on personal schedules. We advise leaving Toronto as early in the afternoon as possible to avoid the rush that begins after 2 pm.	
2	What time do we have to leave?	3 pm on Sunday. We have a large group arriving right after – so we greatly appreciate your understanding on this.	
3	What activities will be offered?	LOTS! Skiing, sailing, kayaking, canoeing, swimming (including our colossal 'Iceberg' and water tramp), tennis, landsports, high ropes, A&C plus tetherball, shuffleboard, beach volleyball and more!	
4	Is alcohol allowed for adults?	There will be opportunity for refreshments away from the campers and later in the evening.	
5	Can adults do all of the activities?	Absolutely. Watch out for pulled muscles! Get ready first!	
6	Can we do stuff with our kids?	Definitely! Where we can, activities for groups of age-match campers are planned to allow for interaction with peers, but the whole idea is the mix it up and enjoy doing things with your children!	
7	What will the food be like?	Really good! We are planning a menu that will be kid-friendly, but the food will make adults happy too. Salad bars at lunch, home-made fries with your barbecue, corn on the cob, special snacks, and moreWe get it, and will do our best to strike a balance to please everyone!	
8	What are the cabins like, really?	Quite nice. The bunks are 'built in' – firm foam mattresses on a board – so they don't sag and do provide support. A washroom in each cabin has two sinks and two toilets. They'll be cleaned and ready for an adult to use comfortably! Let's face it: it's not the Ritz !! – but – they are nice cabins for a summer camp - so don't worry!	
9	What are the showers like, really?	They look like a typical health club with 14 shower heads, 6 separate stalls in both the male and female shower houses. Lots of hot water. Bring flip-flops if you'd like!	
10	What will the water be like?	The water is very comfortable. We have a beautiful waterfront. You'll love it and so will your kids!	
11	What about special diet needs?	We can accommodate lactose intolerance, food allergies/vegetarians. We can in a limited way, help with celiac-related and gluten allergy needs, but supplemental food might be required on your part. Any questions, just call us!	
12	Do we take VISA	Nope! Sorry!	
13	Where do we park?	We will have staff guide you to our office where bags can be dropped, then our staff will guide you directly to the parking area.	
14	Is there cell phone reception at camp? What about internet?	Yes, but it's spotty in places. We'll have high speed internet available as a back up if you need it!	
15	Will it be fun?	So much fun! Absolutely!!	
16	WHAT SHOULD WE PACK??	Sleeping bag and pillow, toiletries, running shoes, sandals, change of T-shirts and shorts, jeans, bathing suit and towel, sweatshirt or sweater, rain coat (hopefully never used!), socks, underwear and the usual stuff you'll want to be sporty and active or anisying the sum on the dealy among tamis reaguet hereball glave if you play a	
		enjoying the sun on the dock; camera, tennis racquet, baseball glove if you play, a white shirt for tie-die if you want to do it; sunscreen, bug spray. <i>Bottom Line: use your judgment about quantities for your kids and things you need. It's camp – so leave your best stuff at home!</i>	

You may have questions that are not answered here. Please call us if you do! 705-767-3381

