



# Packing List



## General Instructions:

1. Mark camper's name on everything; *IRON-ON labels* are best for clothes; a *LAUNDRY MARKER* or *INDELIBLE ink (printed on tape)* is best for sports equipment, etc;
2. Do not pack delicate clothing articles that require special washing instructions;
3. Pack all items in duffel bag(s); no trunks or suitcases
4. We provide a Laundry bag!

## *check off as you pack*

- |                    |                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                       |                                                                                           |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| <b>Bedding</b>     | <input type="checkbox"/> 2 sets of sheets (twin)                                                                                                                                                                                                                                                                                                                                                       | <input type="checkbox"/> pillow & 2 pillow cases                      | <input type="checkbox"/> 1 comforter or 2 blankets                                        |
| <b>Toiletries</b>  | <input type="checkbox"/> 8 towels                                                                                                                                                                                                                                                                                                                                                                      | <input type="checkbox"/> toiletry bag or pail                         | <input type="checkbox"/> toothpaste                                                       |
|                    | <input type="checkbox"/> sun screen                                                                                                                                                                                                                                                                                                                                                                    | <input type="checkbox"/> soap & soap dish                             | <input type="checkbox"/> toothbrush                                                       |
|                    | <input type="checkbox"/> hair brush                                                                                                                                                                                                                                                                                                                                                                    | <input type="checkbox"/> nail clippers                                | <input type="checkbox"/> shampoo/rinse                                                    |
|                    | <input type="checkbox"/> shoe rack (hanging)                                                                                                                                                                                                                                                                                                                                                           |                                                                       |                                                                                           |
| <b>Clothing</b>    | <input type="checkbox"/> 8 prs. underwear                                                                                                                                                                                                                                                                                                                                                              | <input type="checkbox"/> 14 prs. socks                                | <input type="checkbox"/> 4 bathing suits                                                  |
|                    | <input type="checkbox"/> 4 sweatshirts                                                                                                                                                                                                                                                                                                                                                                 | <input type="checkbox"/> 8 prs. shorts                                | <input type="checkbox"/> 2-4 prs. sweat pants                                             |
|                    | <input type="checkbox"/> 1 bath robe                                                                                                                                                                                                                                                                                                                                                                   | <input type="checkbox"/> 2 hats                                       | <input type="checkbox"/> 2 prs. jeans                                                     |
|                    | <input type="checkbox"/> 1 heavy jacket                                                                                                                                                                                                                                                                                                                                                                | <input type="checkbox"/> 2 prs. pajamas                               | <input type="checkbox"/> 1 rain coat                                                      |
|                    | <input type="checkbox"/> 2 prs. running shoes                                                                                                                                                                                                                                                                                                                                                          | <input type="checkbox"/> rubber boots                                 | <input type="checkbox"/> 10 T-shirts                                                      |
|                    | <input type="checkbox"/> 2 white shirts for Friday Night                                                                                                                                                                                                                                                                                                                                               | <input type="checkbox"/> 2 pr. sandals (flip-flop & velcro-strapped ) |                                                                                           |
|                    |                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                       |                                                                                           |
| <b>Other</b>       | <input type="checkbox"/> stamps, stationery                                                                                                                                                                                                                                                                                                                                                            | <input type="checkbox"/> flash light                                  | <input type="checkbox"/> cutlery kit                                                      |
|                    | <input type="checkbox"/> water bottle                                                                                                                                                                                                                                                                                                                                                                  | <input type="checkbox"/> camera                                       | <input type="checkbox"/> sleeping bag                                                     |
|                    | <input type="checkbox"/> "Dry Sac" (30-40 L) for canoe trips, or ground sheet                                                                                                                                                                                                                                                                                                                          |                                                                       |                                                                                           |
| <b>Sports Gear</b> | <input type="checkbox"/> baseball glove (if currently used)                                                                                                                                                                                                                                                                                                                                            | <input type="checkbox"/> fishing rod (if owned and is a hobby)        | <input type="checkbox"/> tennis racquet (those without are provided one for lessons only) |
|                    | <input type="checkbox"/> roller blades (if used)                                                                                                                                                                                                                                                                                                                                                       | <input type="checkbox"/> hockey stick (if played)                     |                                                                                           |
|                    | <input type="checkbox"/> roller hockey protective gear (must have helmet+protective eye goggles for hockey - we recommend hockey helmet and cage; large glasses used for Squash )                                                                                                                                                                                                                      |                                                                       |                                                                                           |
| <b>Do NOT Pack</b> | <ul style="list-style-type: none"><li>• Expensive jewelry &amp; watches, electronic games, MP3 players, etc., "boom boxes" (These items tend to get lost or broken; radios must be confined to the cabins)</li><li>• Electric heating devices of any kind, electrical fans, cell phones, televisions, etc. (These will be confiscated!): see 'What Not to Bring' list!</li><li>• <b>Food</b></li></ul> |                                                                       |                                                                                           |

This is a very realistic estimation of your child's needs; some variation may be required (e.g. girls vs. boys). Please note: shelving space is limited and assigned evenly!!



# What ***NOT*** to Bring To Camp

This list has been developed with your child's health and safety first and foremost in our minds. We are also trying to promote a culture within camp that promotes healthy, social interactions and one that reflects the natural environment. Help us minimize the material elements that are best left in the city. Thanks for your help and support

Please **DO NOT** send the following items to camp with your child/ren.  
**We assume NO responsibility for these whatsoever!**

## **ALL CONFISCATED ITEMS WILL NOT BE RETURNED!!**

- Wireless Communication** No cell or smart phones, or any similar communication device. PERIOD!
- Appliances** These are **fire hazards**, and include:
- hot pots, kettles, toasters, mini-stoves
  - hair irons
  - **ONLY ONE** hair drier can be in use in any cabin, at any given time.
- Electronics** Items not allowed include:
- **“screen devices” like iPads, Playbooks, iPods or ANY device that has a screen capable of showing images or video of any nature. An MP3 player such as an APPLE NANO or similar device that shows ONLY the music information is OK, but NO OTHER EXCEPTIONS.**
  - **Any gaming devices** that has a screen. NO EXCEPTIONS
  - These devices must not leave the cabin and can be used during quiet, non-program time (e.g. rest period, bedtime). If they are used out of the cabin, they will be confiscated.
- Walkie-Talkies** Only Head staff and Nursing Staff use these at camp. No FRS type devices
- Electric Fans** Only portable, battery-operated fans are allowed.
- Electrical Cords** No power bars, extension cords, etc.
- Lamps/Candles** Only flashlights or battery-operated “punch” lights are allowed
- Chairs** No lawn chairs or any sitting devices are allowed. Cabin porches, benches around camp, or the ground (supplied by camp!) are excellent alternatives
- Food** Food delivered to camp will be confiscated. Campers can bring food to camp for the 1<sup>st</sup> night cabin party, and food can be left with campers on Visitor's Day, BUT only send/bring enough for one night; it will be collected the next day. Bottled water is **not** allowed: cold water fountains are all over camp.
- Clothing/Jewelry** We discourage costly brand name clothing, and will not allow inappropriate labels and/or images appearing on clothing. Jewelry is strongly discouraged.
- Cabin/Bed Accessories** Please do not send ‘egg shell’ pads or other pads for beds

*---Thank you for your support and cooperation!! --*